

Safety Data Sheets (SDS) are required for each hazardous chemical to communicate information on these hazards. It is important for workers to reference the Safety Data Sheet for each chemical being used. According to OSHA, Section 8 of all SDS sheets include recommendations for personal protective measures to prevent illness or injury from exposure to chemicals as well as any requirements for Personal Protective Equipment (PPE).

## How To Properly Don and Doff Personal Protective Equipment

The type of PPE required will depend on the chemical being used. The sequence for donning (putting on) is: protective clothing, mask, face protection, gloves; then doffing (taking off) is: gloves, face protection, protective clothing, mask.

### DON PROTECTIVE CLOTHING

1. Wash your hands.
2. Fully cover torso from neck to knees, arms to end of wrists, and wrap around back.
3. Fasten as needed.



### DOFF PROTECTIVE CLOTHING

1. Understand that outside of protective clothing is contaminated.
2. Unfasten ties, making sure sleeves don't contact your body.
3. Touching inside of protective clothing only, pull clothing away from body.
4. Discard in waste container if disposable. Place in appropriate container if reusable.
5. If your hands get contaminated during removal, immediately wash your hands or use hand sanitizer.

### DON MASK

1. Wash your hands.
2. Secure ties or elastic bands behind ears or at middle of head and neck.
3. Fit flexible band to nose bridge.
4. Fit snug to face and below chin.



### DOFF MASK

1. Understand that outside of mask is contaminated.
2. Grab ties or elastic and remove without touching the front.
3. Discard in waste container.
4. When all PPE is removed and discarded, immediately wash your hands or use hand sanitizer.

### DON FACE PROTECTION

1. Wash your hands.
2. Place over face and eyes and adjust as needed.



### DOFF FACE PROTECTION

1. Understand that outside of face shield is contaminated.
2. Remove from the back without touching the front.
3. Discard in waste container if disposable. Place in appropriate container if reusable.
4. If your hands get contaminated during removal, immediately wash your hands or use hand sanitizer.

### DON GLOVES

1. Wash your hands.
2. Extend to cover wrist of isolation protective clothing.



### DOFF GLOVES

1. Understand that outside of gloves is contaminated.
2. Using a gloved hand, grasp the palm area of the other gloved hand and peel off glove.
3. While holding removed glove in gloved hand, slide fingers of ungloved hand under remaining glove at wrist and peel off second glove over first glove.
4. Discard in waste container.
5. If your hands get contaminated during removal, immediately wash your hands or use hand sanitizer.

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